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Board Certified Emergency Medicine
Emergency Medical Services

*Specializing in EMS Services for Wilderness, Aerospace, International, Tactical,
Operational, Marine, Local, and Remote EMS to extreme environments.*

Williams Wilderness Travel Medical Kit for Guides

1. Ace Wrap, 3 inch
2. Band Aids (Assorted Large)
3. Betadine Solution, 3oz
4. COMPEED Blister Patches
5. Cravat
6. Dermabond (Medical skin glue) No crazy glue
(irrigate wound with water-betadine mix,
close wound with gloved fingers and glue)
7. Gauze Pads, 4 inch (4)
8. Gauze Roll, 3 inch
9. Tape, surgical 2 inch
10. Handwarmers (2)
11. Zippered lock bags for Ice (2)
13. Quick Clot
14. Safety Pins XXL (4)
15. SAM Splint
16. Scissors
17. Skin staple gun
(irrigate wound with water-betadine mix,
close wound with gloved fingers and staple)
18. Gloves, large, non-sterile
19. Iodine tablets for water

All Medications are over the counter.

20. Naprosyn Tablets
(for pain, fever, and altitude sickness)
21. Tylenol Tablets – can be taken together with naproxen for severe symptoms
(for pain and fever)
22. Benadryl Liquid 50mg
(for allergic reactions)
23. Bonine (Meclizine) 25mg
(for nausea, vomiting, dizzy)
24. Pepto-Bismol Tablets
(upset stomach and diarrhea)
23. Hydrocortisone Cream 1%
(for rash, bites, and hemorrhoids)
25. Aspirin
(for chest pain and fever)